#### EUROPEAN HEART HOUSE

Coronary Physiology in the

Catheterization Laboratory (9th Edition)

Thursday, April 23 - Saturday, April 25, 2015

#### Course Directors:

B. De Bruyne (BE), W.F. Fearon (US), N.H.J. Pijls (NL)



# Resting measures, Pd/Pa and iFR

Flavio Ribichini Università di Verona, Italy





### Flavio Ribichini,

I have no conflict of interest related to this talk

I was ESC Research Fellow in Aalst 1997-1998

I use of FFR since 1999 in Italy.

I am an FFR believer



### Sixth Panafrican Course On Interventional Cardiology

September 29th to October 1st, 2005. Monastir Tunisia

Under the High Patronage of his Excellency the President of The Republic of Tunisia Zine El Abidine Ben Ali

and the Auspices of the Tunisian Society of Cardiology and Cardio-Vascular Surgery

Sixth Panafrican Course on Interventional Cardiology

September 29th, to October 1st, 2005

Monastir-Tunisia

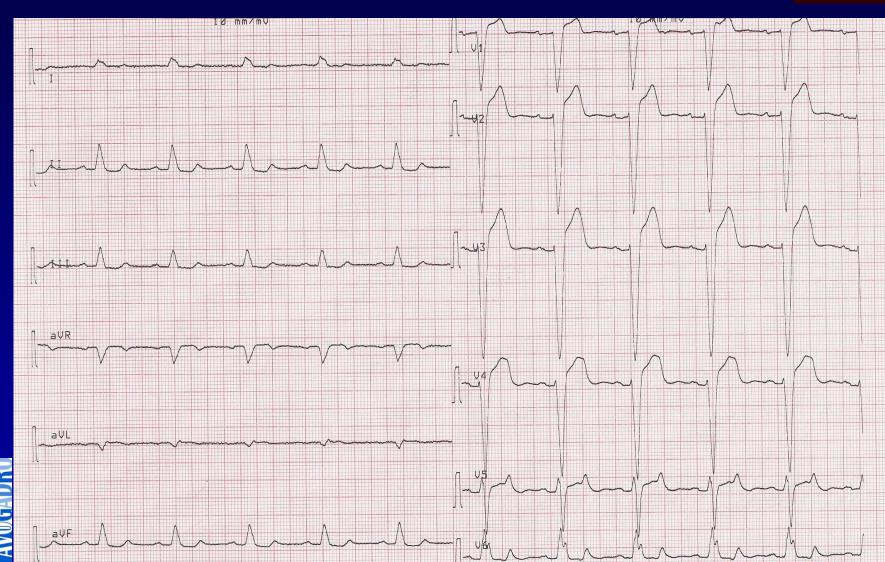


# Live cases from Novara, Italy



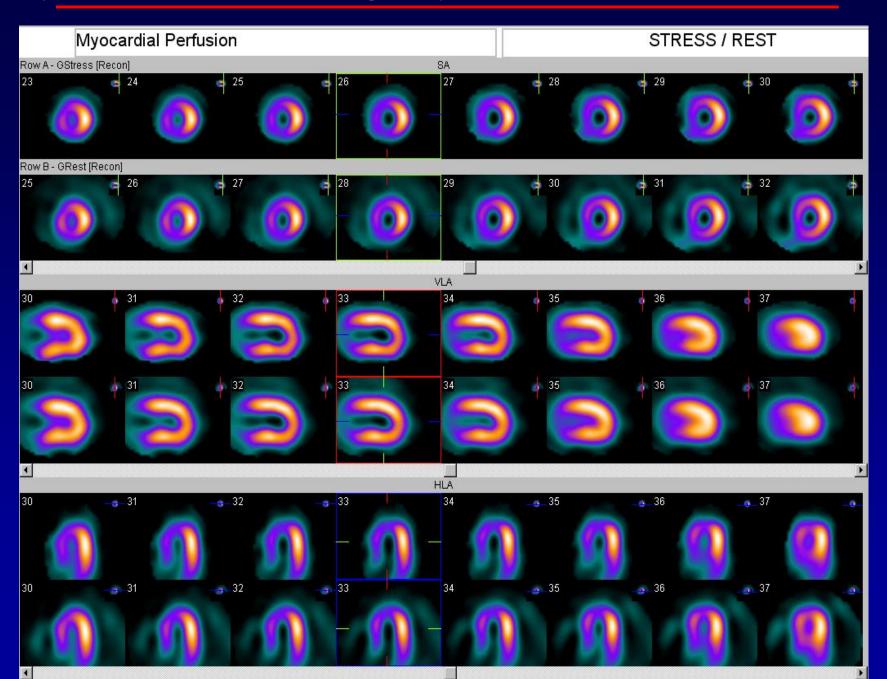
## 65 yo male, effort chest pain







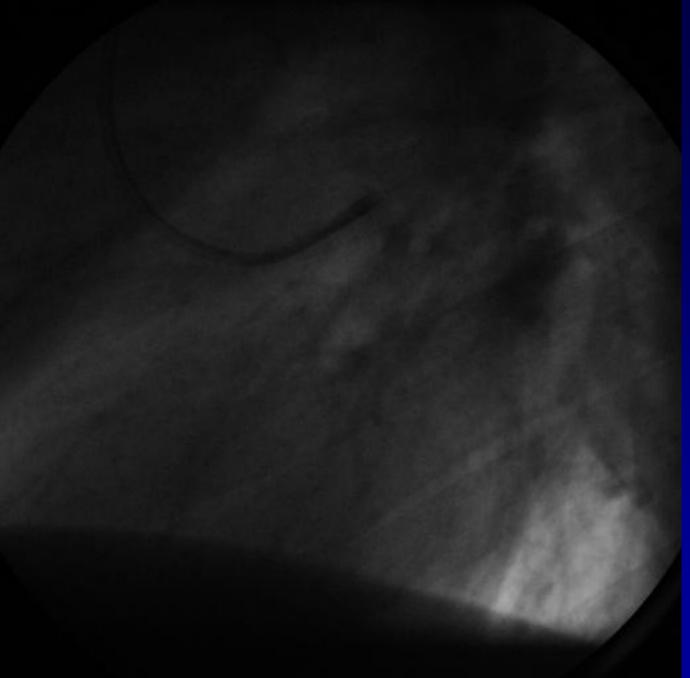
#### Myocardial perfusion scintigraphy with adenosine 99mTc SPECT





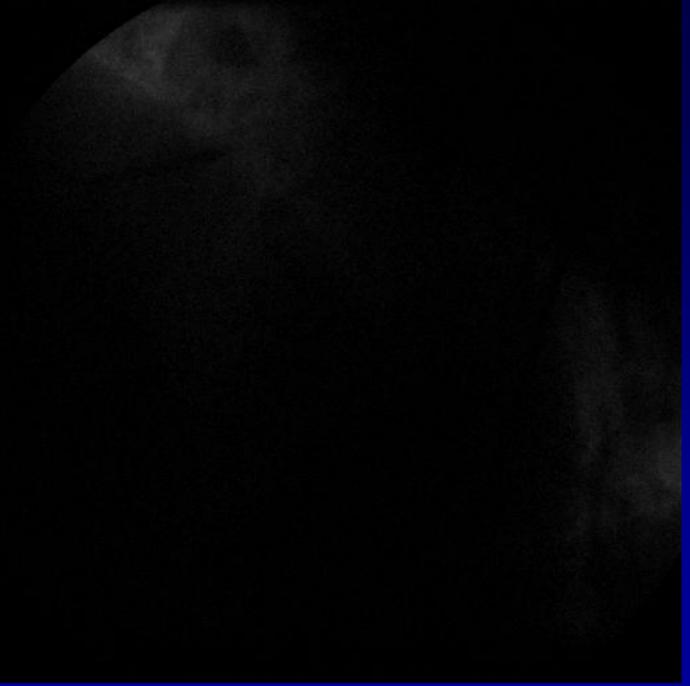






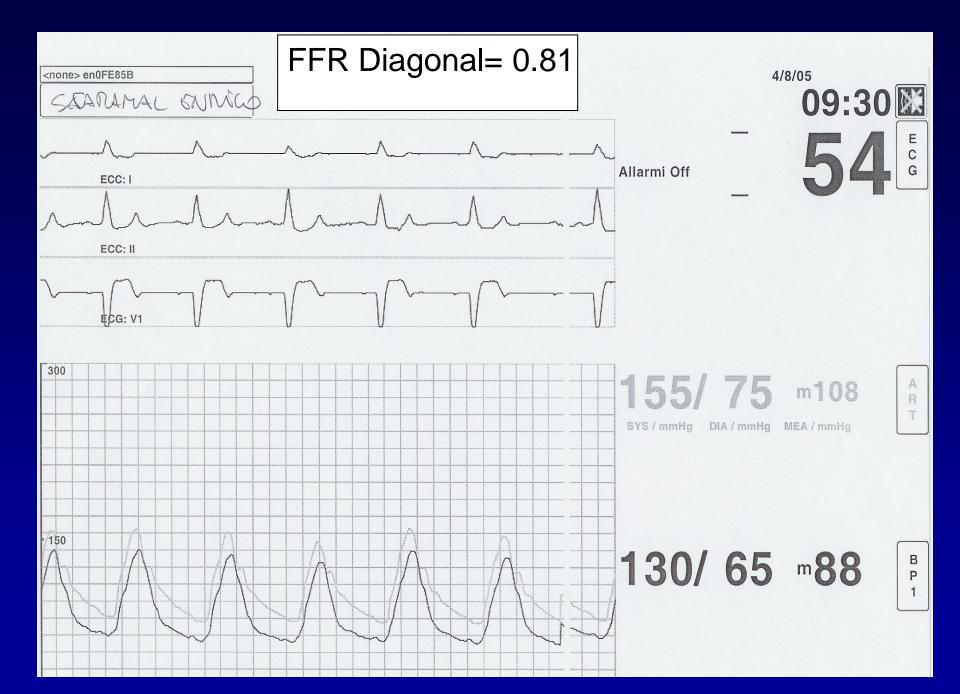




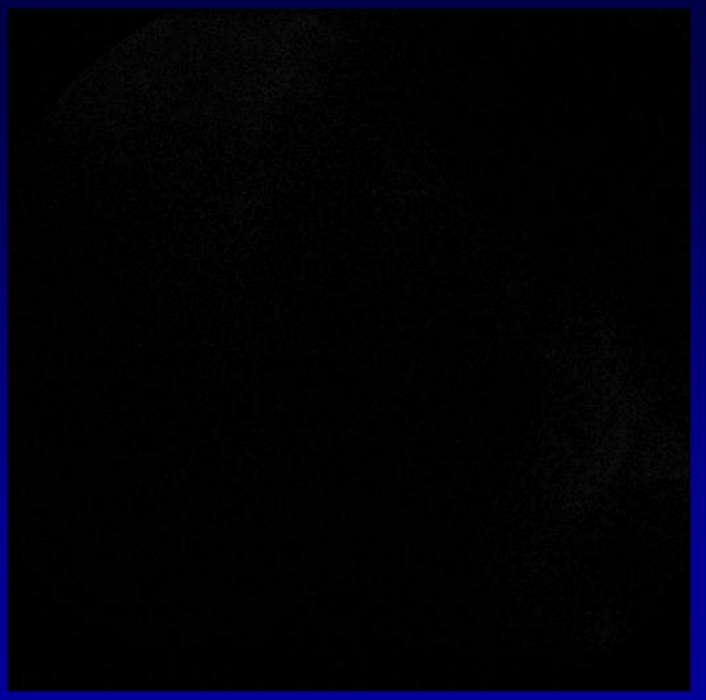




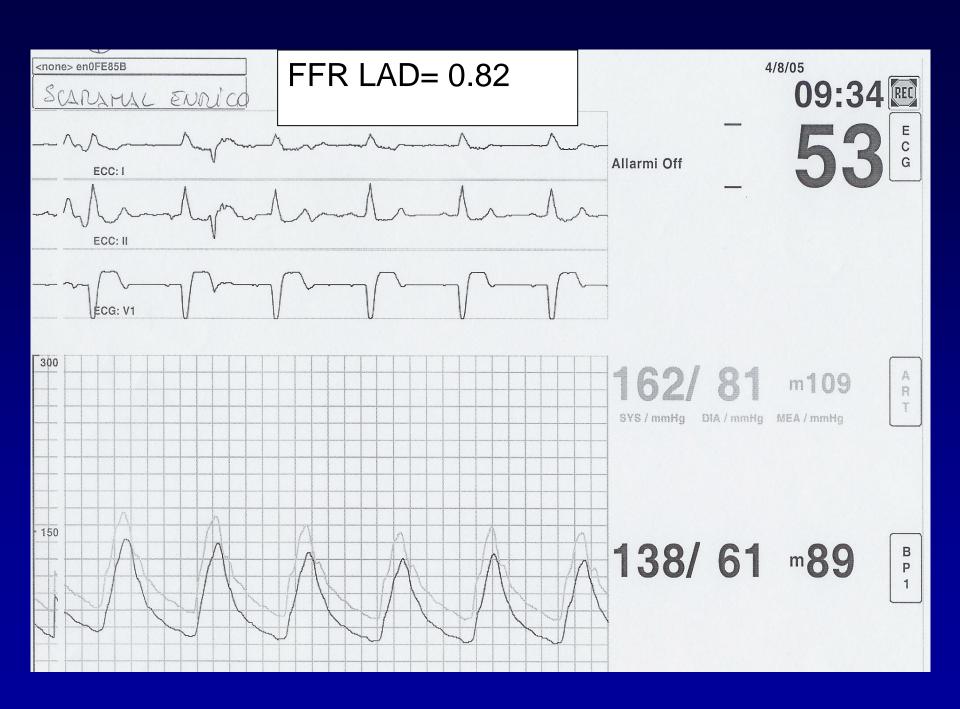












I got news of this patient for more than 5 years (2010) and He had no recurrences of ischemia.

Then, He lost me at follow-up.

# At TCT 2011 formal presentation of the iFR concept.

In 2012 pubblication of the ADVISE Study.

instant wave-Free Ratio

# **Using Pressure to Get Flow**

- Coronary pressure is simple to measure
- Flow velocity is more challenging

Fundamental Equation for relating Pressure and Flow:

$$P = Q \times R$$

Pressure = Flow x Resistance

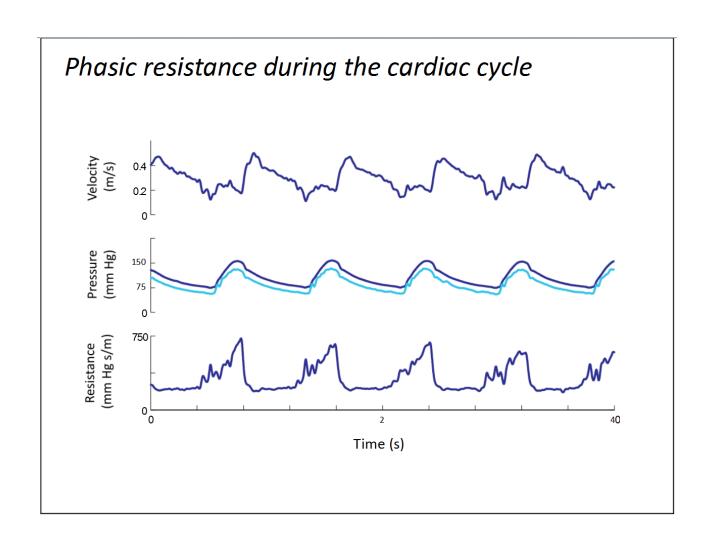
or

 $\Delta P \approx \Delta Q \times R$ 

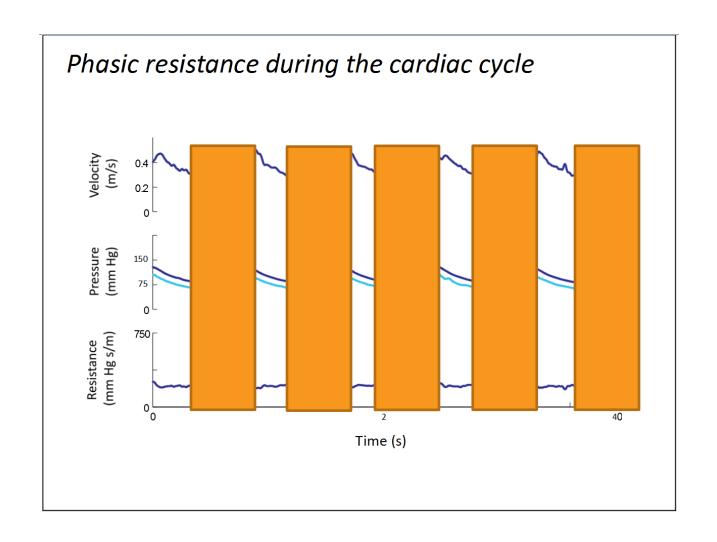
Change in Pressure = Change in Flow x Constant Resistance

When *Resistance is Constant*, changes in Pressure are proportional to changes in Flow

#### Resistance is Constant in the Wave-Free Period

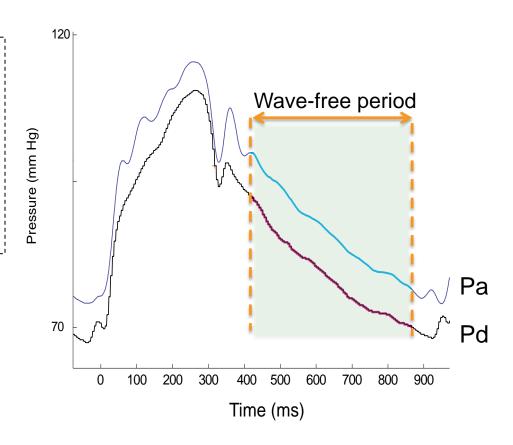


#### Resistance is Constant in the Wave-Free Period



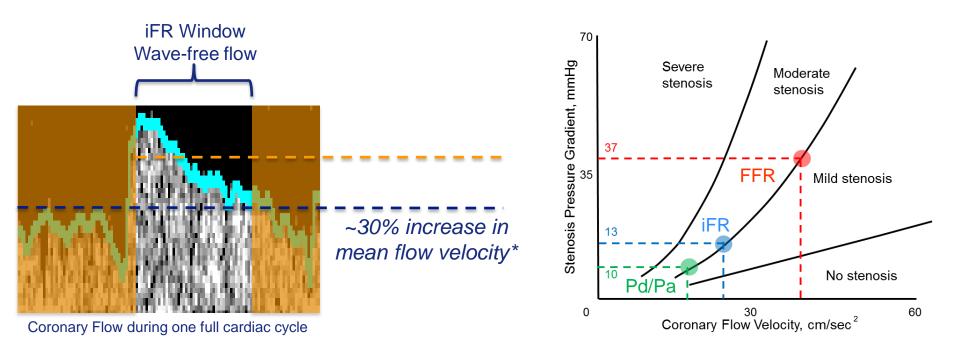
# Introduction of the iFR Modality

**Definition:** Instantaneous pressure ratio, across a stenosis during the wave-free period, when **resistance** is **more constant** and minimized in the cardiac cycle



# **iFR Window Maximizes Flow Velocity**

iFR Flow is ~30% higher which amplifies the signal vs. Pd/Pa alone



- Increasing Flow Velocity exaggerates the pressure drop across a stenosis
- Bigger pressure drop allows for better classification of stenosis severity

### **Consistent iFR Cutt Off**

#### **Best iFR cut off compared with FFR≤ 0.80**

ADVISE-Registry(n=339)	0.89
South Korean Study(n=238)	0.90
RESOLVE(n=1593)	0.90
ADVISE-in Practice(n=392)	0.90
ADVISE 2 (n=689)	0.89

# The Hybrid iFR/FFR Approach

- 94.0% match to FFR¹
- 65.1% of patients were free from hyperemic agents<sup>2</sup>

An iFR cut point of 0.89 approximates an FFR cut point of  $0.80^3$ 



- 1. Using the iFR cut points of 0.85 and 0.94 matches best with an FFR ischemic cut-point of 0.80 with a specificity of 90.7% and sensitivity of 96.2%.
- 2. The ADVISE II study illustrated a 5.8%, i.e. (17+23)/690, classification discordance between the iFR Hybrid Approach and FFR. Among 477 lesions that would be assessed without hyperemia by the iFR Hybrid Approach, 40 (17+23) were due to classification discordance.
- 3. An iFR cut-point of 0.89 matches best with an FFR ischemic cut-point of 0.80 with a specificity of 87.8% and sensitivity of 73.0%. (iFR Operator's Manual 505-0101.23)

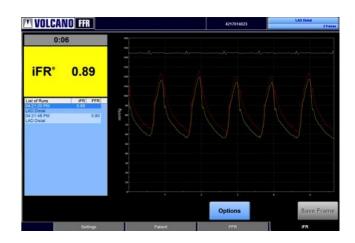
# **Providing Choice**

#### An iFR of 0.89 approximates an FFR of 0.80<sup>1</sup>



#### **Fractional Flow Reserve**

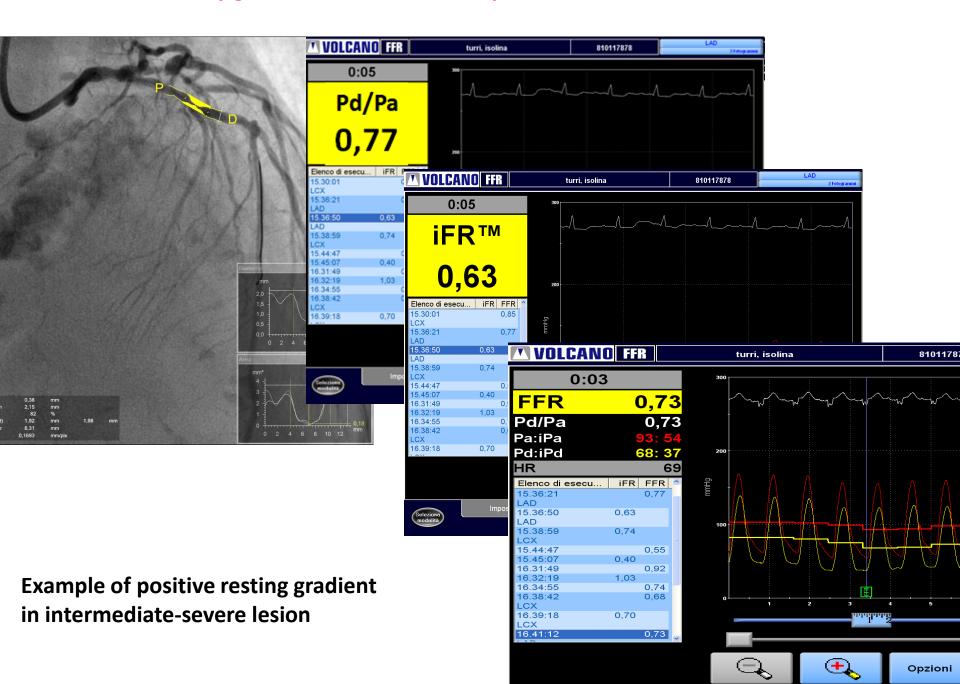
- Clinically proven for ischemia detection<sup>2</sup>
- Supported by guidelines worldwide
- However, use of FFR is still very low



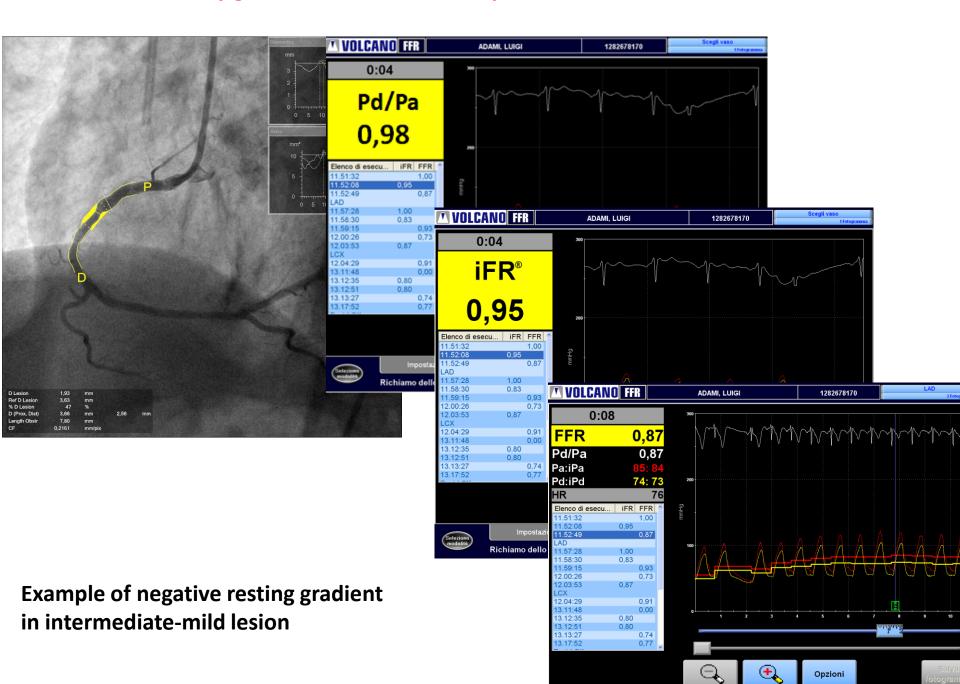
#### The iFR Modality

- Volcano's proprietary instantaneous, trans-lesional pressure ratio measured during the wave-free period
- Prospectively tested in the ADVISE II Study and in the ongoing RCT FLAIR
- 1. An iFR cut-point of 0.89 matches best with an FFR ischemic cut-point of 0.80 with a specificity of 87.8% and sensitivity of 73.0%. (iFR Operator's Manual 505-0101.23)
- 2. Tonino et al. Fractional Flow Reserve Versus Angiography for Guiding Percutaneous Coronary Intervention. NEJM 2009; 360, 3:213-224.

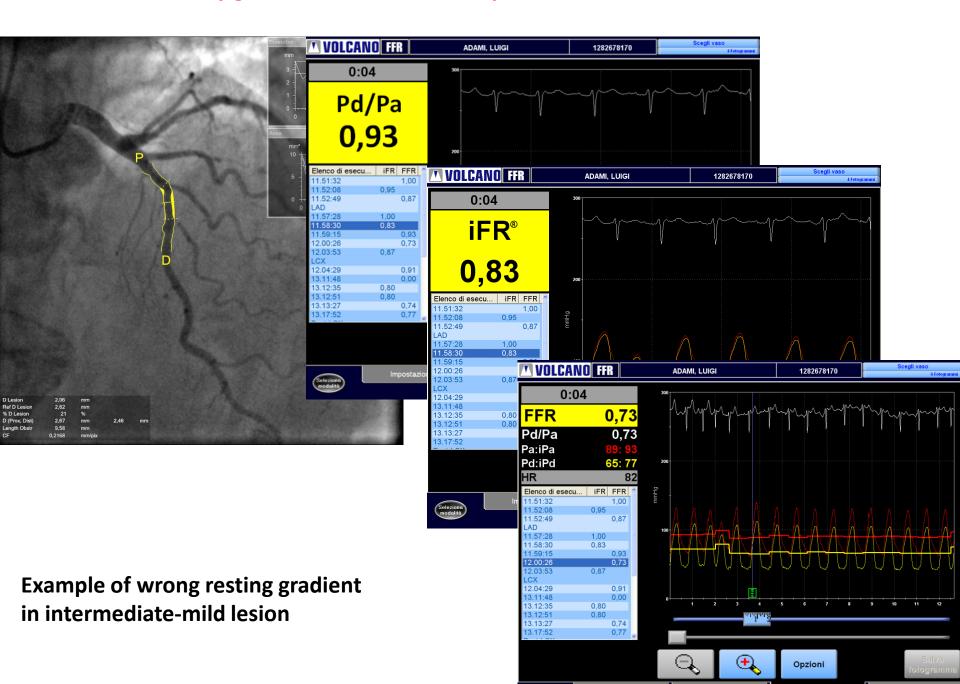
#### Measurement of any gradient is better than no proof of ischemia before PCI



#### Measurement of any gradient is better than no proof of ischemia before PCI



#### Measurement of any gradient is better than no proof of ischemia before PCI, but....



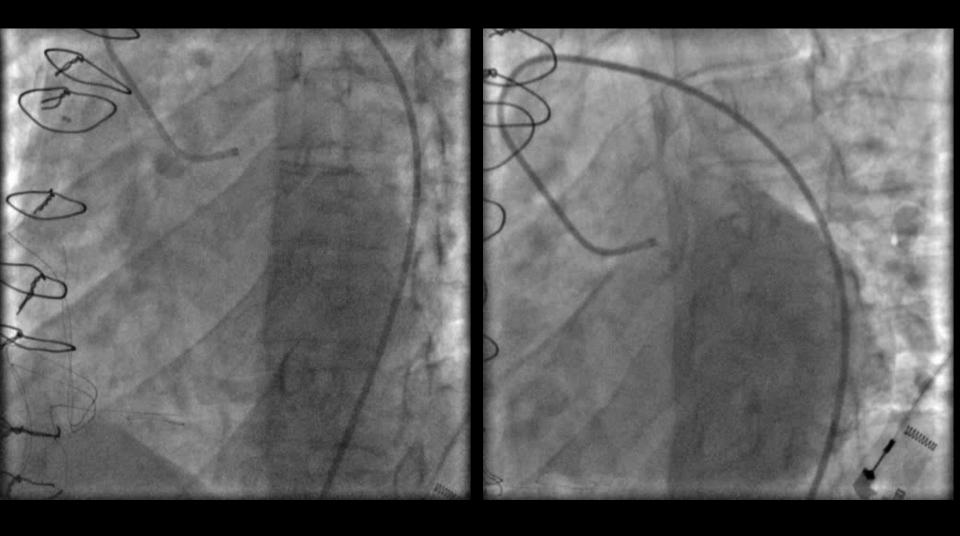
# Case presentation to remind the "good physiologic Practice"

35 years old male

Heart transplant at the age of 28

Intensive life with regular exercise

Routine coronary angiogram in October 2014 for CAV stratification



Advanced CAV with severe LM stenosis.

Scheduled for elective PCI of the LM after Heart Team discussion.

No symptoms or signs of ischemia...

Pre-PCI angiogram confirms the LM stenosis in advanced CAV

Resting gradients confirm the stenosis severity



But, after infusion of nitrates and ADN...



### But there are opinions against the reliability of iFR

Journal of the American College of Cardiology © 2013 by the American College of Cardiology Foundation Published by Elsevier Inc. Vol. xx, No. x, 2013 ISSN 0735-1097/\$36.00 http://dx.doi.org/10.1016/j.jacc.2012.09.065

# VERIFY (VERification of Instantaneous Wave-Free Ratio and Fractional Flow Reserve for the Assessment of Coronary Artery Stenosis Severity in Everyday Practice)

A Multicenter Study in Consecutive Patients

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Petr Kala, MD,|| Otakar Bocek, MD,|| Stylianos A. Pyxaras, MD,¶ John D. McClure, MSc, PHD,\*
William F. Fearon, MD,# Emanuele Barbato, MD, PHD,¶ Pim A. L. Tonino, MD, PHD‡
Bernard De Bruyne, MD, PHD,¶ Nico H. Pijls, MD, PHD,‡ Keith G. Oldroyd, MBCHB, MD,†

Glasgow, United Kingdom; Eindhoven, the Netherlands; Stockholm, Sweden; Brno, Czech Republic; Aalst, Belgium; and Stanford, California

**Objectives** 

This study sought to compare fractional flow reserve (FFR) with the instantaneous wave-free ratio (iFR) in patients with coronary artery disease and also to determine whether the iFR is independent of hyperemia.

Background

FFR is a validated index of coronary stenosis severity. FFR-guided percutaneous coronary intervention (PCI) improves clinical outcomes compared to angiographic guidance alone. iFR has been proposed as a new index of stenosis severity that can be measured without adenosine.

Methods

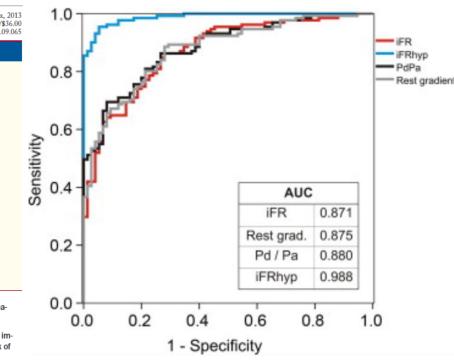
We conducted a prospective, multicenter, international study of 206 consecutive patients referred for PCI and a retrospective analysis of 500 archived pressure recordings. Aortic and distal coronary pressures were measured in duplicate in patients under resting conditions and during intravenous adenosine infusion at 140 µg/kg/min.

Results

Compared to the FFR cut-off value of  $\le$ 0.80, the diagnostic accuracy of the iFR value of  $\le$ 0.80 was 60% (95% confidence interval [Cl]: 53% to 67%) for all vessels studied and 51% (95% Cl: 43% to 59%) for those patients with FFR in the range of 0.60 to 0.90. iFR was significantly influenced by the induction of hyperemia: mean  $\pm$  SD iFR at rest was 0.82  $\pm$  0.16 versus 0.64  $\pm$  0.18 with hyperemia (p < 0.001). Receiver operating characteristics confirmed that the diagnostic accuracy of iFR was similar to resting Pd/Pa and trans-stenotic pressure gradient and significantly inferior to hyperemic iFR. Analysis of our retrospectively acquired dataset showed similar results.

Conclusions

iFR correlates weakly with FFR and is not independent of hyperemia. (Comparison of Fractional Flow Reserve Versus Instant Wave-Free Ratio for Assessment of Coronary Artery Stenosis Severity in Routine Practice; NCT01559493). (J Am Coll Cardiol 2013;xx:xxx) © 2013 by the American College of Cardiology Foundation



- iFR correlates weakly with FFR and is not independent of hyperemia
- iFR cannot be raccomanded for clinical decision making in patients with coronary heart disease

Berry C, et al. VERIFY (VERification of Instantaneous Wave-Free Ratio and Fractional Flow Reserve for the Assessment of Coronary Artery Stenosis Severity in EverydaY Practice): A Multicenter Study in Consecutive Patients. J Am Coll Cardiol. 2013 Apr 2;61(13):1421-7.

# Objections of the iFR authors to VERIFY

VERIFY paper's primary conclusion was based on the assumption that an iFR of 0.80 is equivalent to an FFR 0.80, which is incorrect. The proper cut-point in the FDA labeling is iFR of 0.89 equivalent to an FFR of 0.80.

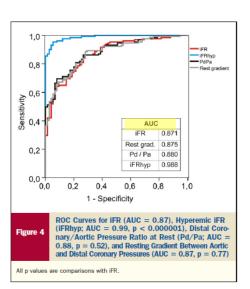
"The best cut-off value was not published in this paper."

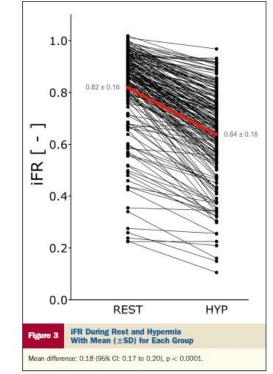
#### Results

The clinical characteristics of the patients in the prospective study are shown in Table 1. The relationships between FFR and iFR are shown in Figure 2. Compared to the commonly used FFR cut-off value of ≤0.80, the diagnostic performance of iFR of ≤0.80 is shown in Table 2. Overall accuracy was 60% (95% CI: 53% to 67%) for all vessels studied and 51% (95% CI: 43% to 59%) for those with FFR in the range of 0.60 to 0.90. Sen et al. (14) proposed that iFR of ≤0.83 has diagnostic performance equivalent to an FFR of ≤0.80. The diagnostic performance of iFR at ≤0.83 in our prospectively acquired dataset is shown in Table 3. Overall accuracy was 68% (95% CI: 61% to 75%) for all

VERIFY Investigators pointed out that the iFR window is not 'independent' of hyperemia."

iFR does not intend to show independence from adenosine, but rather that adenosine may not be needed to measure lesion severity.

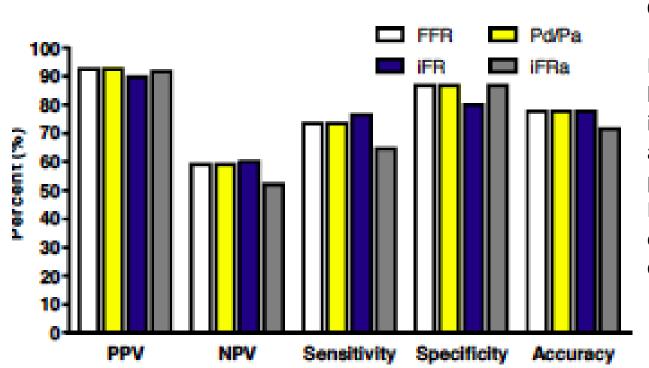




# Hyperaemic and baseline physiological pressure indices have an equivalent diagnostic classification agreement in comparison to myocardial blood flow quantified by [15O]H<sub>2</sub>O PET

Guus A de Waard¹; Ibrahim Danad¹; Ricardo Petraco²; Paul FA Teunissen¹ ; Alexander Nap¹; Maarten AH van Leeuwen¹; Koen M Marques¹; Hendrik J Harms³; Pieter G Raijmakers³; Adriaan A Lammertsma³; Justin E Davies²; Paul Knaapen¹; Niels van Royen¹

1 Department of Cardiology, VUMC, Amsterdam, The Netherlands 2 International Center for Circulatory Health, Imperial College London, UK 3 Department of Nuclear Medicine and PET, VUMC, Amsterdam, The Netherlands



#### Fig. 3: Test characteristics of pressure indices for the prediction of impaired PET MBF

#### **Conclusions**

Hyperaemic and nonhyperaemic intracoronary indeces have an equivalent diagnostic performance in comparison to PET MBF for the assessment of intermediate coronary artery stenoses.

> JACC April 1, 2014 Volume 63, Issue 12



I am an FFR believer,

I am a clinician and a researcher

I work in a University Hospital

When we introduce a new technology we **VERIFY** it...

because "I trust what I see" and "I do what I trust"

Let's do an independent validation study of iFR versus FFR...



# iFR-FFR comparison in daily practice: a single-center, prospective, online assessment

Table 1 Clinical and angiographic characteristics of the entire population

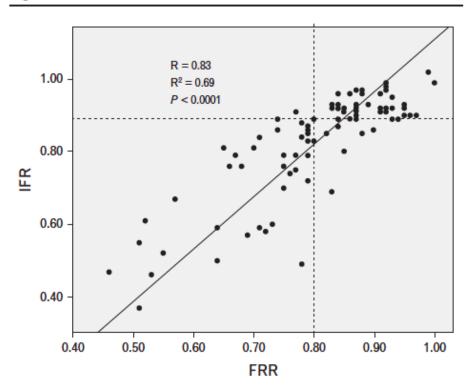
Patient demographic data (54 patients)	
Male sex	41 (76%)
Age (years)	67 ± 11
Diabetes	14 (26%)
Hypertension	44 (81%)
Dyslipidemia	49 (91%)
Stable angina (CCS I-II-III)	36 (66%)
Unstable angina	9 (17%)
NSTEMI	9 (17%)
NYHA class I-II	50 (93%)

#### Angiographic characteristics

Number of assessed stenosis	89
Left anterior descending	52 (58%)
Left circumflex	20 (23%)
Right coronary artery	17 (19%)
Mean % diameter stenosis	$59 \pm 9\%$
Mean lesion length	$17.54 \pm 5.38 \text{ mm}$
Mean reference vessel diameter	$2.63 \pm 0.65 \text{ mm}$
Mean minimum lumen diameter	$1.21\pm0.73$ mm
Mean iFR ratio	$0.82 \pm 0.14$
Mean FFR ratio	$\textbf{0.81} \pm \textbf{0.12}$

CCS, Canadian Cardiac Society; FFR, fractional flow reserve; iFR, instantaneous wave-free ratio; NSTEMI, non-ST-segment elevation myocardial infarction; NYHA, New York Heart Association.

Fig. 1



Correlation between iFR and FFR values of the 68 lesions analyzed, with the respective cut-off values indicated, which, apart from a correlation value of 0.83, highlight the low number of false-positive and false-negative values when the two methods are compared. FFR, fractional flow reserve; iFR, instantaneous wave-free ratio.



# iFR-FFR comparison in daily practice: a single-center, prospective, online assessment

iFR FFR 100% agreement in 45% of cases (ADN not needed)

Gray zone (iFR 0.86-0.93) 55%, of these, 70% were both negative

iFR identified positive values in 15% of FFR >0.80.

In conclusion, in our experience, iFR identified correctly all FFR negative lesions and would induce 15% more PCI in lesions with an FFR value >0.80 <0.85.



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Let's do a validation study of iFR versus FFR...

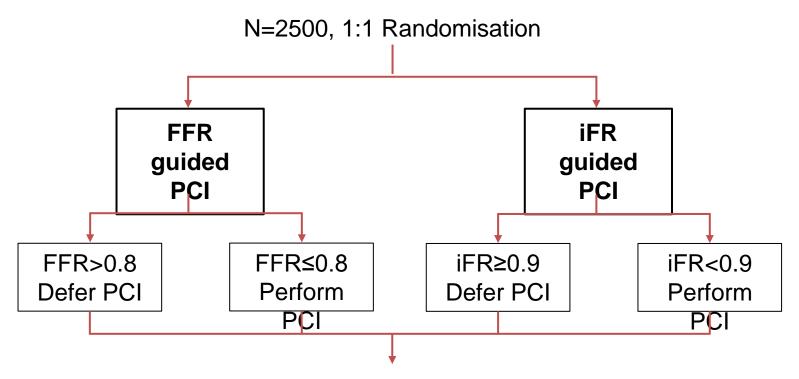
Following our validation study, we were invited to participate in DEFINE FLAIR



<u>Functional Lesion Assessment of Intermediate stenosis to guide</u> Revascularisation

Intermediate lesion requiring physiological assessment

In ACS: intermediate non-culprit lesion



30 day, 1, 2 and 5yr follow-up

#### **Example of a DEFINE FLAIR PATIENT RANDOMIZED IN VERONA.**

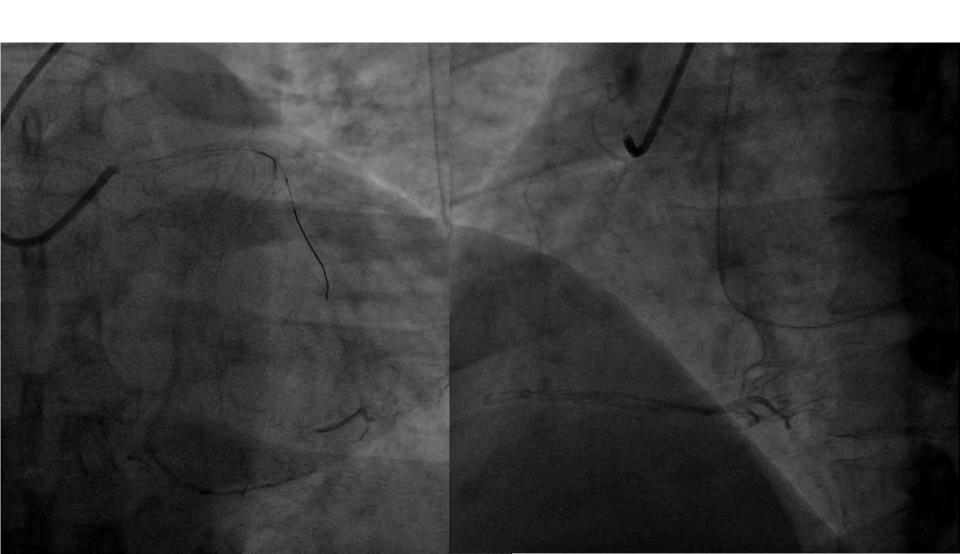
54 y.o male ACS presentation Proximal LAD culprit Distal LAD significant PCI on LAD

Significant lesions on ostial RI and LCx



PCI on LAD

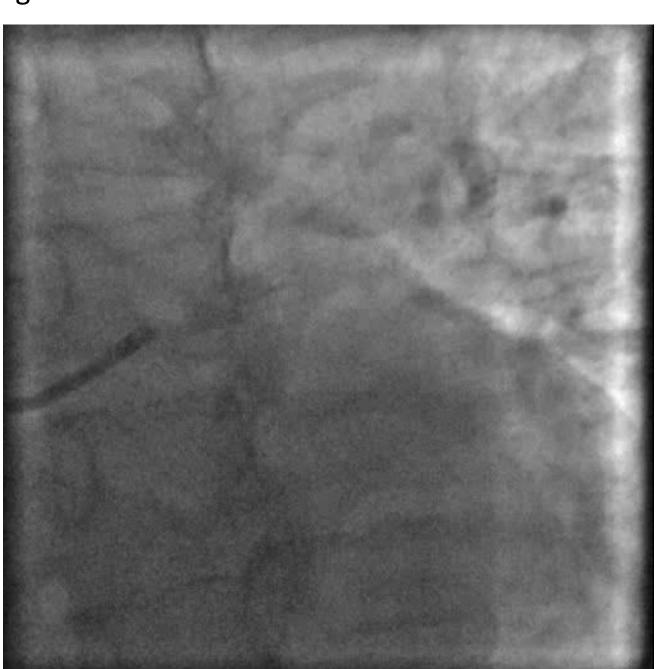
Significant lesions on ostial RI and LCx and the RCA



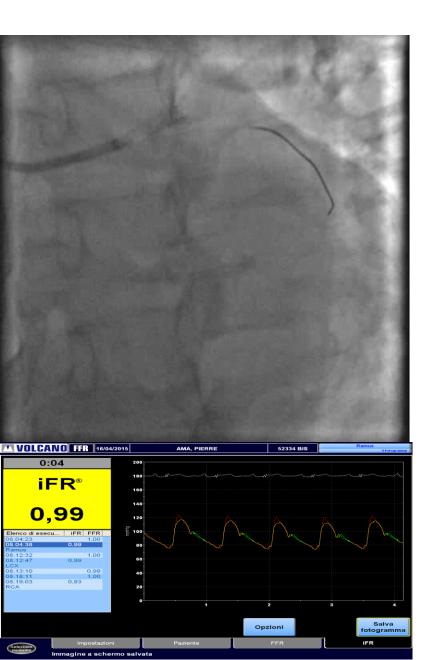
#### Pre-discharge functional assessment of the RI and LCx

Enrolled
DEFINE
FLAIR
TRIAL

April 4 2014



#### Pre-discharge functional assessment of the RI and LCx





Pre-discharge functional assessment of the RCA Enrolled DEFINE FLAIR TRIAL April 4 2014 VOLCANO FFR 16/04/2015 0:04 **iFR**® 0,93 1,00 Opzioni

# DEFINE FLAIR

This patient has completed one-year follow-up

- No clinical events
- No angina

- So far 36 patients enrolled (21 to FFR and 15 to iFR)
- Of 51 lesions, 13 treated and 38 lesions deferred
- None has been re-admitted for recurrence of ischemia.

I am an FFR believer,



I am a clinician and a researcher

I work in a University Hospital

When we introduce a new technology we VERIFY it...

Let's do a validation study of iFR versus FFR...

Following our validation study, we were invited to participate In DEFINE FLAIR.

... and my friend Emanuele Barbato from Aalst got very jealous and asked us to participate in GRAFFITI



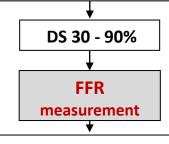
<u>GR</u>aft Patency <u>A</u>fter <u>FF</u>R-guided versus Angio-guided CABG: a randomized clinical <u>Trial</u> (GRAFFITI)

#### **Patient with**

- Significant LAD / LM lesion AND
- At least one more lesion

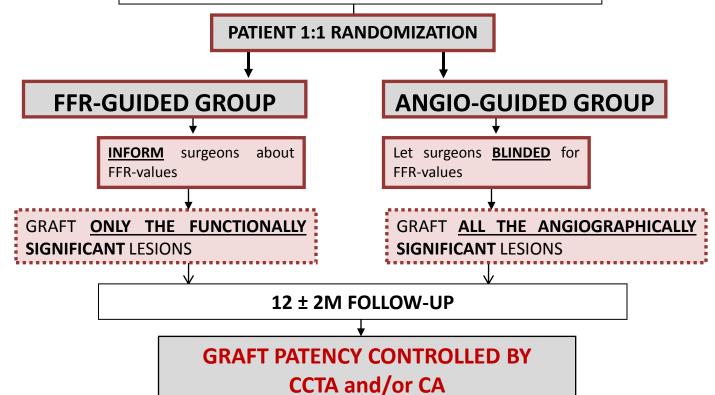
- ~ 200 pts
- proved by FFR (<0.80) / Angio (>69%)
- angiographically intermediate (30-90%)

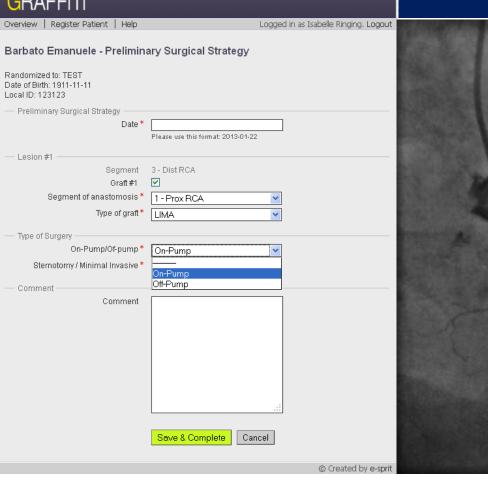


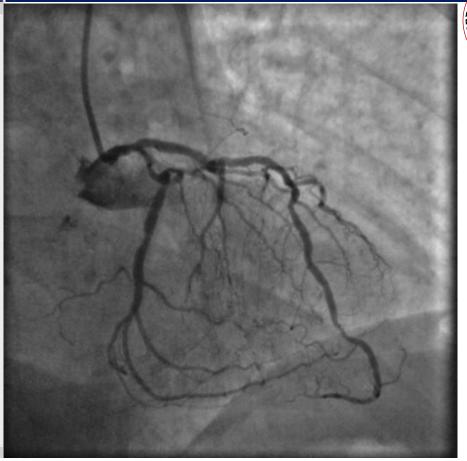


#### **FFR blinded HEART TEAM consultation**

(Surgeons will be asked to identify by visual estimation the target vessels to be revascularized, number of anastomosis and grafts )







- First case enrolled February 24° 2014
- Total cases enrolled in Verona: 20
- Complete follow-up obtained in the first 5 cases

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Following our validation study, we were invited to participate In DEFINE FLAIR

... and my friend Emanuele Barbato got very jealous and asked us to participate in GRAFFITI

... and we still like doing new clinical studies...





## Cardiac Allograft Reparative Therapy

ClinicalTrials.gov A service of the U.S. National Institutes of Health					Search for studies:	Example: "Heart attack Advanced Search			Search
Find Studies About Clinical Studies Submit Studies Resources About This Site									
Home > Find Studies > Search Results  Text Size ▼									
1 study found for: CART Verona  Modify this search   How to Use Search Results									
L	ist By Top	ic On a Map	Search D	etails					
+ Show Display Options						Ţ Dov	vnload	€ Subscribe	to RSS
☐ Include only open studies ☐ Exclude studies with unknown status									
Rank	Status	Study							
1 Recruiting Safety and Efficacy of Everolimus - Eluting Bioresorbable Vascular Scaffold for Cardiac Allograft Vasculopathy  Condition: Cardiac Allograft Vasculopathy  Intervention: Device: Everolimus-Eluting Bioresorbable Vascular Scaffold (ABSORB)									



MULTI-MODALITY DIAGNOSIS IN CAV, INCLUDING FFR IN TRANSPLANTED HEART.

RESTENOSIS AFTER BVS IMPLANTATION IN CAV

CLINCALTRIAL.GOV IDENTIFIER.

PARTICIPATING CENTERS: VERONA, ROME, MILANO, PADOVA, PAVIA

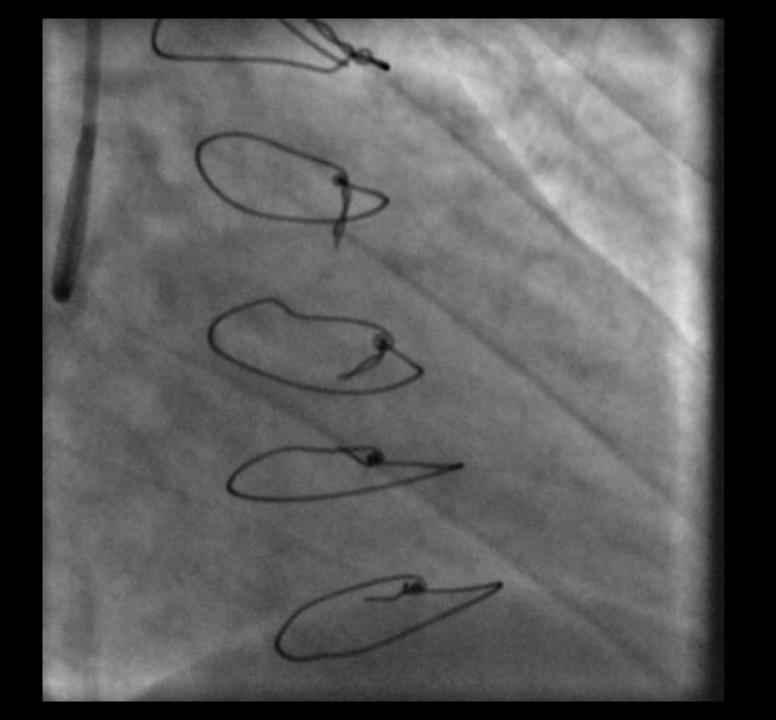
SO FAR 8 PATIENTS ENROLLED

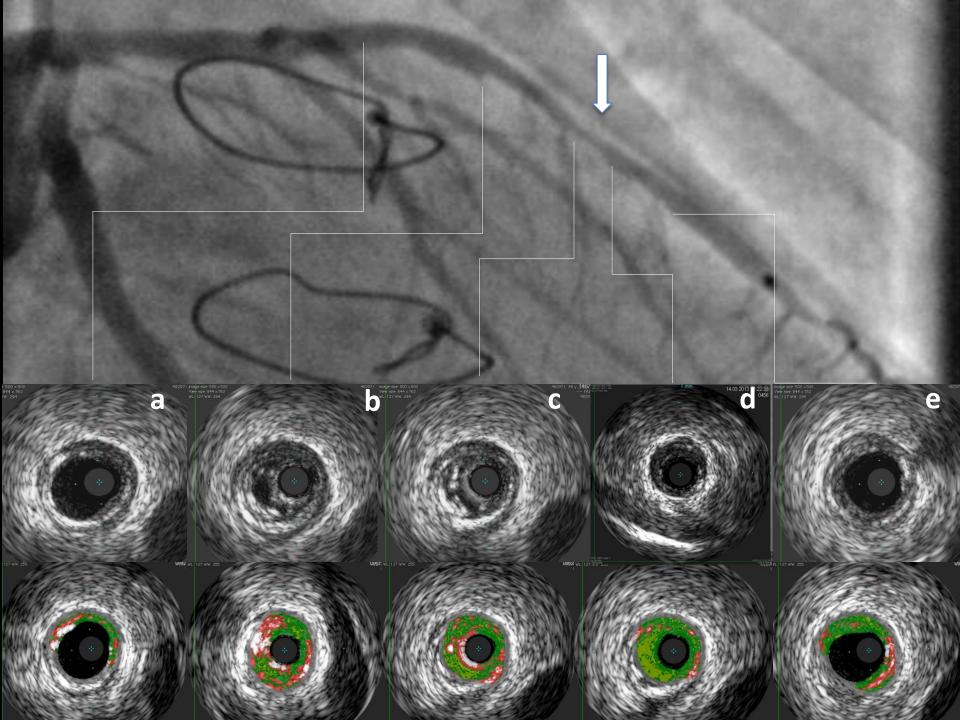
#### **Case Presentation**

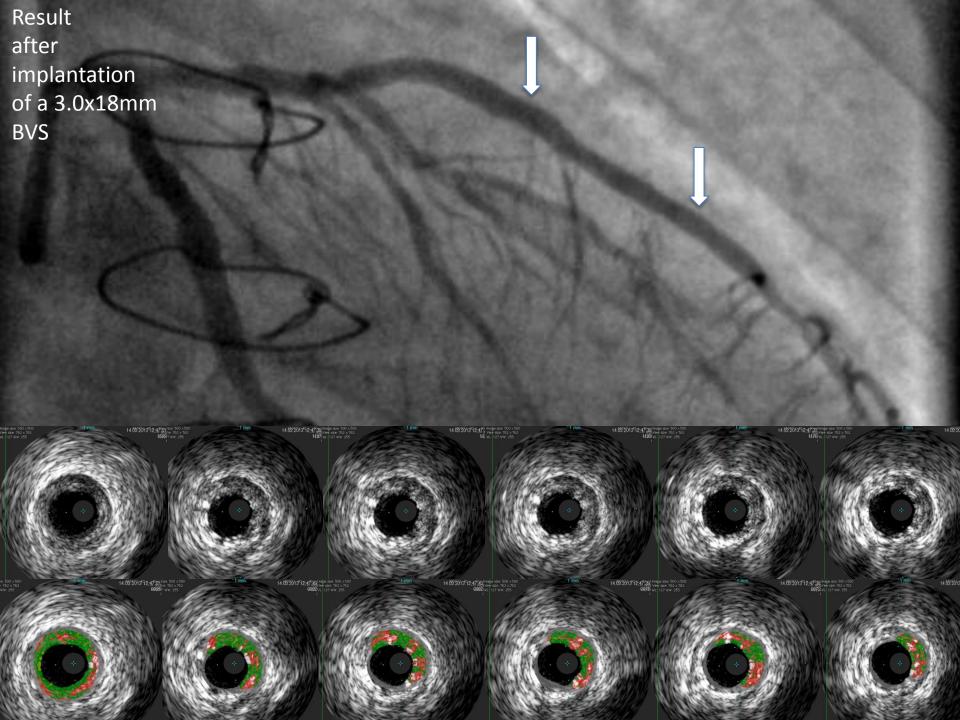


40 years old male

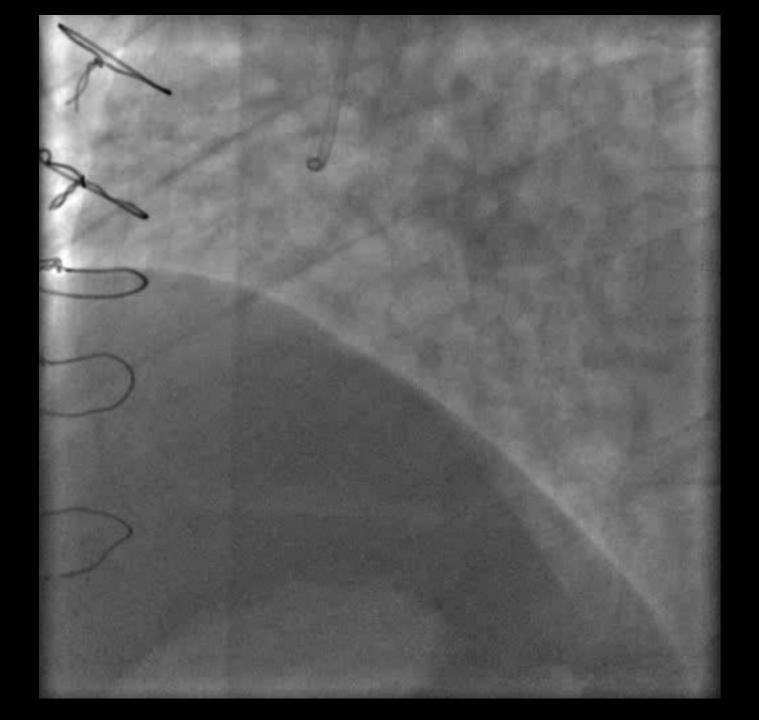
Heart transplant at the age of 30 Intensive life with regular exercise Since November 2012, typical effort angina Admitted for coronary angiogram in March 2013

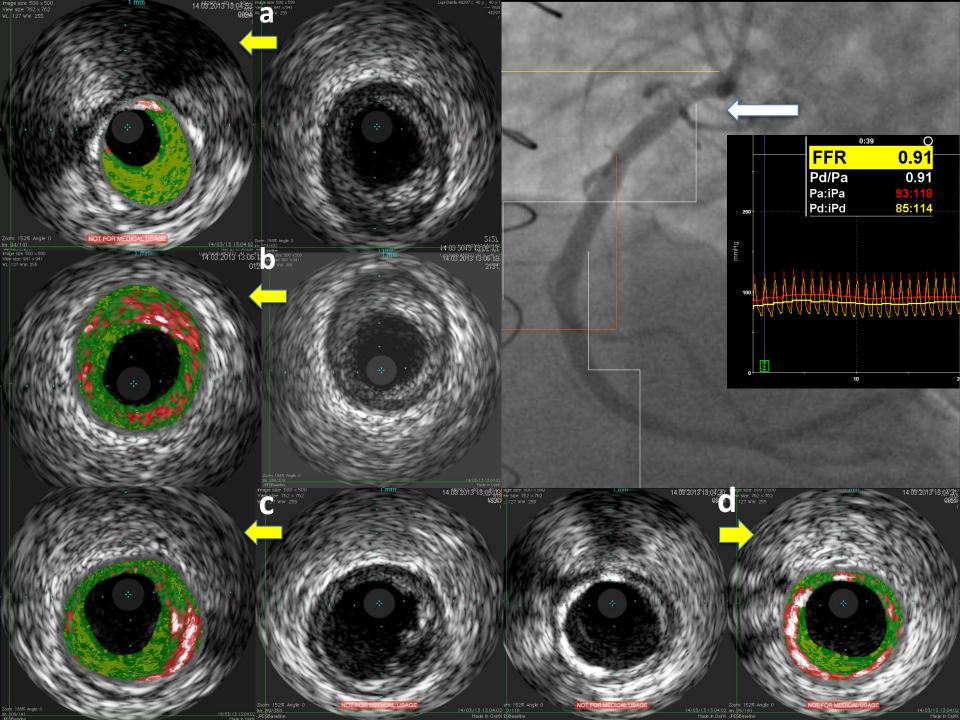






RCA: mild proximal stenosis





Uneventful hospital course Discharged 48 hours later

Medical therapy:

DAPT x 12m

Atorvastatin 80mg

**Nitrates** 

Beta bloker

Prednisione 5mg and Everolimus 10mg day

Bioresorbable Vascular Scaffolds (BVS) in Cardiac Allograft Vasculopathy:

A New Therapeutic Option.

Prof. Flavio Ribichini

flavio.ribichini@univr.it

The American Journal of Medicine

AJM12180

50002-9343(13)00724-9

10.1016/j.amjmed.2013.05.025

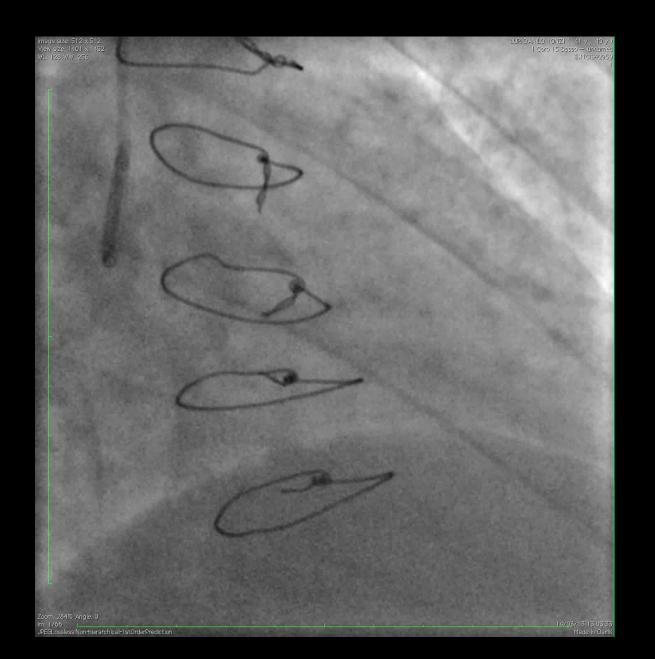
THE AMERICAN JOURNAL *of* MEDICINE ®

#### Case follow-up

After 6 months of total well being, the patient complains rapidly worsening effort angina from CCS class I to III in a few weeks.

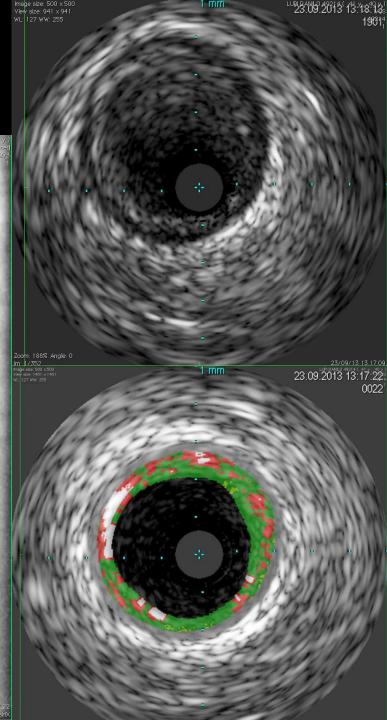
He came back to our Center for a control angio.

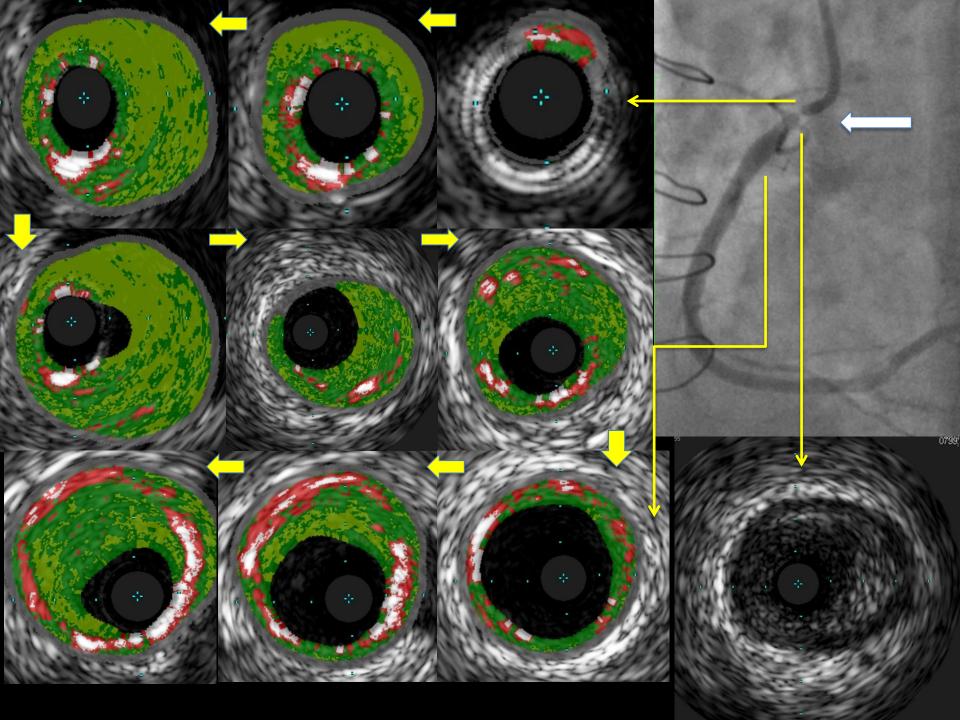
### Follow-up angiogram of the left coronary artery

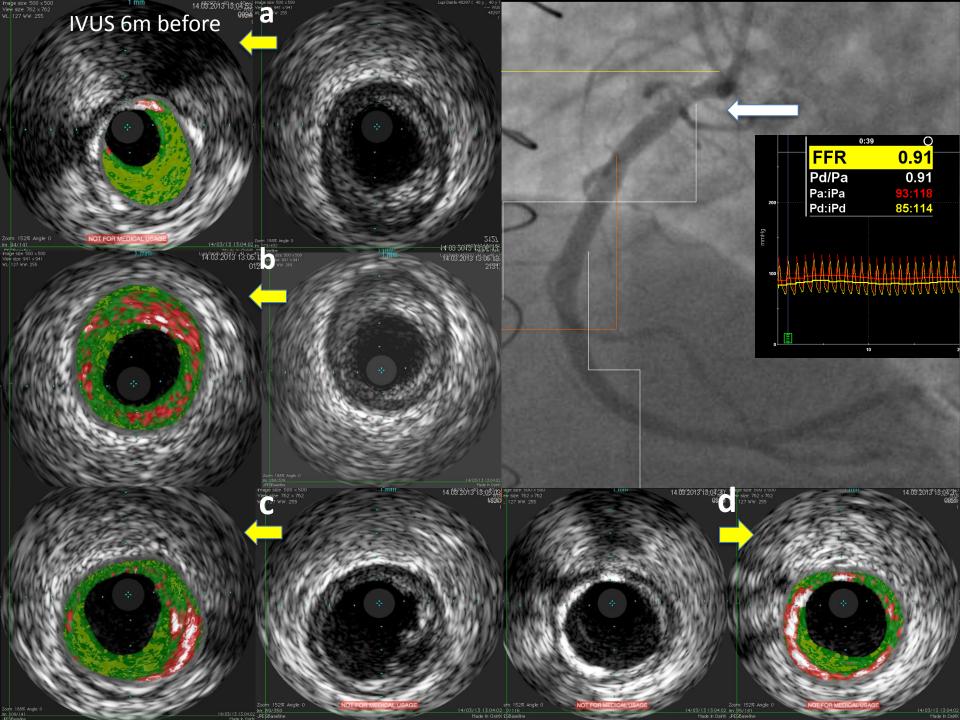


Right coronary artery at follow-up with IVUS and VH of the proximal segment (September 2013)









### Follow-up at 2 years is OK.

CAV represents a very aggressive form of ATH.

In this case, a non-significant lesion (FFR -) became sub-occlusive in less than 6 months.

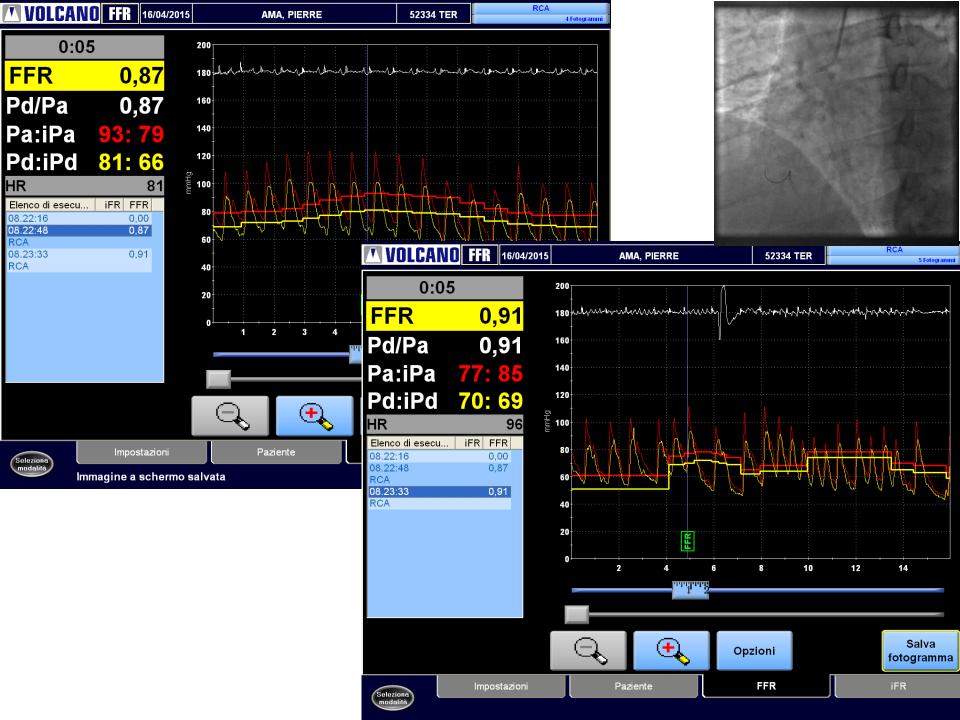
The value of FFR in CAV needs validation.

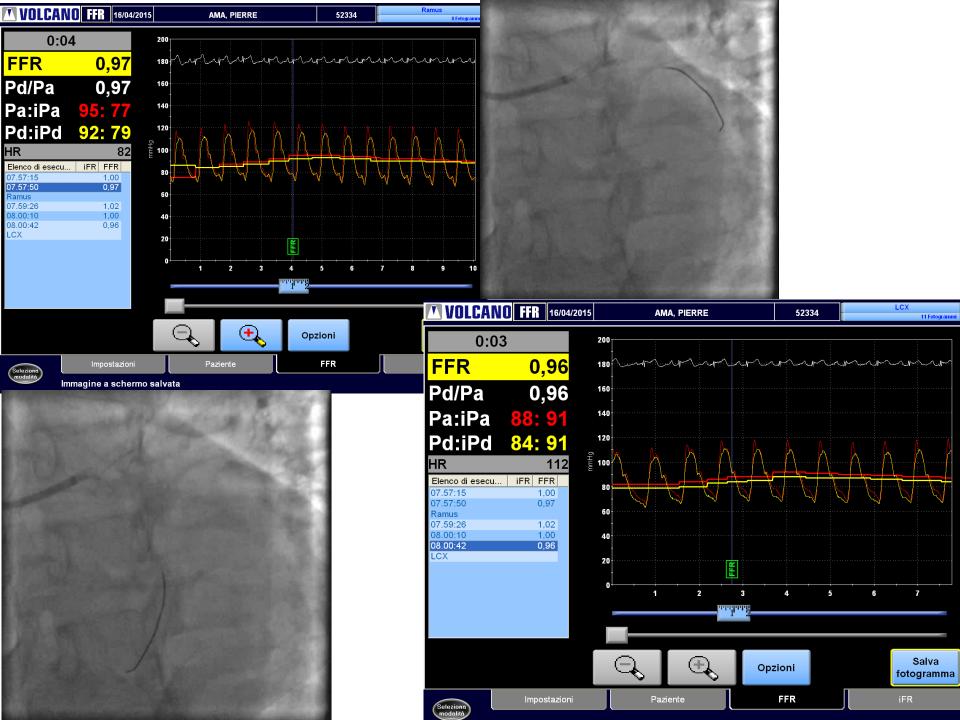
#### My personal opinion on the hyperaemia-free method:



- Will facilitate penetration of physiology in the cath lab.
- Speeds the procedures and reduces cost of adenosine.
- May cause a slight increment (10%) in the number of treated lesions compared to FFR.
- May yield similar clinical outcomes compared to FFR.

## Thank you





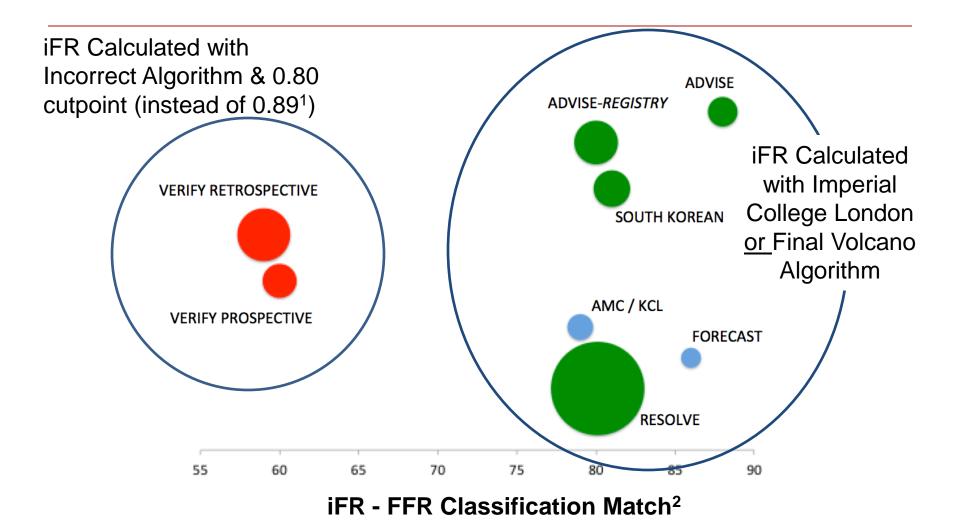


# iFR-FFR comparison in daily practice: a single-center, prospective, online assessment



Impact on the numerical correlation of different values with the same meaning.

#### Algorithm is Critical for Accurate iFR ® Calculation



- 1. An iFR cut-point of 0.89 matches best with an FFR ischemic cut-point of 0.80 with a specificity of 87.8% and sensitivity of 73.0%. (iFR Operator's Manual 505-0101.23)
- 2. Adapted from Sen S., et al. Reply: Is the instantaneous wave-free ratio equivalent to fractional flow reserve? J Am Coll Cardiol. 2013 Sep 3;62(10):943-5.

#### Objections of the iFR authors to VERIFY

VERIFY used an offline analysis tool that did not have the ECG trigger that iFR uses, and had a window that does not seem constant with the iFR window. In the published diagram the two waveforms are out of phase, and the wave-free window seems to creep into the upswing of the systolic portion of the next heartbeat. The possible consequences of this disagreement are unknown."

